

# Grace A. Chen, Ph.D.

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(650) 433-3842

**CA Licensed Psychologist: PSY 21234**

## EDUCATION

**Ph.D.**

**The University of Texas at Austin**

- Educational Psychology: Counseling Psychology – 2005

**M.A.**

**The University of Texas at Austin**

- Educational Psychology: Counseling Psychology – 2002

**B.S.**

**Duke University, Durham, NC**

- Psychology, *magna cum laude* – 1998

## PROFESSIONAL EXPERIENCE

*Ph.D. Practicum Coordinator, Associate Professor*

Palo Alto University, Pacific Graduate School of Psychology

Palo Alto, CA

September 2010-present

- Develop and manage clinical practicum policies and procedures for clinical psychology Ph.D. program.
- Serve as liaison to practicum agencies in the community – review and support doctoral-level clinical training programs.
- Provide advising to doctoral students regarding clinical training in professional psychology.

*Licensed Psychologist*

Private Practice

Palo Alto, CA

2010-2011

- Provided individual and couples psychotherapy.

*Staff Psychologist*

California State University, East Bay – Counseling and Psychological Services

Hayward, CA

September 2006-July 2010

*Outreach and Consultation Coordinator (July 2009- July 2010)*

- Coordinated outreach services that provide psychoeducation to campus community
- Conducted outreach presentations and provided consultation to health services, residence halls, academic departments, judicial affairs, and student life.
- Served as designated counselor liaison to residence halls, international students, and student retention and support programs (Renaissance Scholars for former foster youth; McNair Scholars).

*Clinical Supervisor (January 2009- July 2010)*

- Provided individual and group clinical supervision to master's-level interns and postdoctoral fellow regarding individual, couples, and group counseling. Conducted presentations in training seminar regarding clinical issues and working with diversity.
- Represented Cal State East Bay counseling center at Northern California Training Directors' meetings.

*Staff Psychologist (September 2006- July 2010)*

- Provided individual and couples psychosocial counseling, led and co-led groups (semi-structured and interpersonal process). Conducted crisis assessments and interventions. Provided debriefing for crisis situations (e.g., student death, violence on- and off-campus).

- Conducted mental health outreach programming and provided consultation to the campus, including International House and American Language Program.
- Participated on IT/website committee, hiring committees, multicultural campus event committees.

*Postdoctoral Fellow*

University of California, Berkeley – Counseling and Psychological Services  
Summer 2005-Summer 2006

Berkeley, CA

- Provided individual psychosocial and career counseling, provided couples counseling, co-led general psychotherapy groups and graduate women’s support group. Conducted crisis assessments and interventions.
- Conducted mental health outreach programming and provided consultation to the campus.

*Pre-doctoral Intern*

University of Maryland – College Park, Counseling Center  
Summer 2004-Summer 2005

College Park, MD

- Provided individual psychosocial and career counseling, co-led process group, and conducted crisis interventions. Provided services for students of color during walk-in hour.
- Provided mental health consultation to Office of Residence Life. Conducted program evaluation research of intergroup diversity dialogues for the Office of Human Relations Program.
- Provided individual clinical supervision to master’s level student.

**PROFESSIONAL PRESENTATIONS**

Miller, M.J., Alvarez, A.N., Li, R., & Chen, G.A. (2013, August). *Testing Competing Measurement Models of the PRIAS with Asian Americans*. Poster session presented at the 121<sup>st</sup> Annual Convention of the American Psychological Association, Honolulu, HI.

Kim, S.-H., Koo, J.H., Ock, S., & Chen, G.A. (2013, August). *Measurement Invariance Analysis of the AARRSI Measure Across Men and Women*. Poster session presented at the 121<sup>st</sup> Annual Convention of the American Psychological Association, Honolulu, HI.

Chen, G.A. (2010, October). *Like Water Over a Rock: The Impact of Microaggressions*. Diversity Scholar presentation at the 33<sup>rd</sup> Annual Conference of the Association of Counseling Center Training Agencies, Portland, OR.

Kim, J., Miller, M.J., Chen, G.A., & Alvarez, A.N. (2010, August). *Exploratory and confirmatory factor analysis of the Asian American Racism-Related Stress Inventory*. Poster session presented at the 118<sup>th</sup> Annual Convention of the American Psychological Association, San Diego, CA.

Chen, G.A., Maeda, A., & Deng, C.-P. (2007, August). *One Size Doesn’t Fit All: Examining Ethnically-Matched Therapists and Clients*. Interactive session presented at the annual conference of the Asian American Psychological Association, San Francisco, CA.

Chen, G.A. (2007, January). *Conflicts in Asian American Identity: Managing Multiple Social Identities*. Individual paper presented as part of the symposium, “Giving Voice to Marginalized Communities: Explorations of Intersecting Social Identities,” at the 2007 National Multicultural Conference and Summit. Seattle, WA.

Yang, P., Bell, S., & Chen, G. (2006, March). *Suicide Prevention on the Berkeley Campus*. The 15<sup>th</sup> Annual Advising, Counseling and Mentoring Conference – Cultivating Diversity, Inclusion and Leadership: Each One Teach One, University of California, Berkeley.

Chen, G.A., LePhuoc, P.I., Rude, S.R., & Guzmán, M.R. (2003, October). *Racial identity cluster profiles for Asian Americans*. Paper presented at the 3<sup>rd</sup> annual Diversity Challenge Conference – “30+ Years of Racial Identity Theory: What do we know? And How does It Help Us?” Boston College, Boston, MA.

LePhuoc, P.I., Rude, S.R., & Chen, G.A. (2003, October). *“I can act white, black or brown, but my yellow skin is too obvious to ignore”*: A Mixed Methods Study of Asian American Racial Identity. Paper presented at the 3<sup>rd</sup> annual Diversity Challenge Conference – “30+ Years of Racial Identity Theory: What do we know? And How does It Help Us?” Boston College, Boston, MA.

Chen, G.A., LePhuoc, P.I., Rude, S. & Guzmán, M.R. (2003, August). *Debunking the model minority myth: Exploring the complexity of Asian American racial identity*. Poster session presented at the 111<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Canada.

Chen, G.A. & Guzmán, M.R. (2003, August). *Identity saliency in Asian Americans*. Poster session presented at the annual conference of the Asian American Psychological Association, Toronto, Canada.

LePhuoc, P.I. & Chen, G.A. (2003, May). *Toward a Critical Psychology of Race, Identity, and Asian Americans*. Roundtable discussion at the annual conference of the Association of Asian American Studies, San Francisco, CA.

Chen, G.A., Moore, L.A., & Trost, A.S. (2001, October). *Discourse on American Violence: Breaking Down Stereotypes*. Roundtable discussion at the Annual Texas Psychological Association Convention, Austin, TX.

Moore, L.A., Chen, G.A., & Sallee, A. (2001, January). *The Family Redefined: Culture and Loss*. Presentation workshop at the Annual Texas Association of Marriage and Family Therapists Convention, Dallas, TX.

Moore, L.A. & Chen, G.A. (2000, September). *Using a Multicultural Lens to Understand Loss*. Presentation workshop at Joint Texas-Oklahoma Psychological Association Convention, Dallas, TX.

Lee, R.M., Bowen, N.A., & Chen, G.A. (2000, August). *The moderating influence of social connectedness in the college adjustment of provisional students*. Poster session presented at the 108<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.

#### **WORKSHOPS AND OUTREACH (selected)**

Chen, G.A. (2009, July). *Give Me a Break: Stress Management and Relaxation Techniques*. Interactive workshop for residents of International House at CSU East Bay, Hayward, CA.

Miranda, J. & Chen, G.A. (2006, November). *Respect Yourself, Protect Yourself*. Interactive sexual health education workshop for residents of International House at CSU East Bay, Hayward, CA.

Chen, G.A., & Mohler, C. (2005, October). *Find Balance and Decrease Stress: A Stress & Time Management Workshop for Graduate Women*. Two interactive workshops for graduate women students at the University of California, Berkeley.

Chen, G.A. (2004, October). *Holland’s SDS Interpretation for Careers*. Group interpretation of Holland’s Self-Directed Search for first-year level undergraduate students deciding majors and careers, University of Maryland, College Park.

Chen, G.A. (2004, April). *Career Concerns and Asian Americans*. Invited presentation for master’s level course, Career Counseling, at Texas State University – San Marcos.

Chen, G.A. (2003, April). *Multicultural Issues in Assessment*. Invited presentation for master's level course, Advanced Psychoeducational Assessment, at the University of Texas at Austin.

Chen, G.A., & LePhuoc, P.I. (2002, January). *Interviewing Techniques in Asylum Law and Mental Health in Asylum Law*. Presentations at the Asylum Law Workshop, Austin, TX.

## RESEARCH EXPERIENCE

The University of Texas at Austin, Dept of Educational Psychology & Dept of Psychology                      Austin, TX  
1998-2005

- Co-investigator on study on Asian Americans' experiences, perceptions, and attitudes related to ethnicity, race, and racism. Developed study, collected and analyzed data; conducted literature review, wrote and published manuscript. Presented findings at professional conferences.
- Theoretical paper on the intersection of sexuality and racial identity for Asian Americans; conducted literature review and co-wrote monograph.
- Research advisors: Michele Guzmán, Ph.D., Stephanie Rude, Ph.D., Richard Lee, Ph.D.

## PUBLICATIONS

Miller, M.J., Kim, J., Chen, G.A., & Alvarez, A.N. (2012). Exploratory and confirmatory factor analysis of the Asian American Racism-Related Stress Inventory. *Assessment, 19*, 53-64.

Chen, G.A., & Alvarez, A.N. (2012). A multicultural counseling perspective on Ruth as an Asian American. In G. Corey (Ed.), *Case approach to counseling and psychotherapy (8<sup>th</sup> edition)*. Belmont, CA: Wadsworth Press.

Chen, G.A. (2009). Managing Multiple Social Identities. In N. Tewari & A.N. Alvarez (Eds.), *Asian American Psychology: Current Perspectives*. Mahwah, NJ: Lawrence Erlbaum.

Chen, G.A., & Kim, S.C. (2009). Sexuality. In N. Tewari & A.N. Alvarez (Eds.), *Asian American Psychology: Current Perspectives*. Mahwah, NJ: Lawrence Erlbaum.

Alvarez, A.N. & Chen, G.A., (2008). A multicultural counseling perspective on Ruth as an Asian American. In G. Corey (Ed.), *Case approach to counseling and psychotherapy (7<sup>th</sup> edition)*. Belmont, CA: Wadsworth Press.

Chen, G.A., LePhuoc, P.I., Guzmán, M.R., Rude, S.R., & Dodd, B.G. (2006). Exploring Asian American Racial Identity, *Cultural Diversity and Ethnic Minority Psychology, 12*, 461-476.

Lee, R.M., LePhuoc, P., & Chen, G.A. (2000). The intersection of race/racism, sexuality, and narcissism: Psychological case studies. In T. Nakayama (Ed.), *Asian Pacific American Genders and Sexualities*. Tempe, AZ: Arizona State University (pp. 53-64). Paper presented at 1999 Conference of Asian Pacific American Genders and Sexualities at Arizona State University.

## TEACHING EXPERIENCE

*Instructor, Practicum Forum*

Palo Alto University, Pacific Graduate School of Psychology

Fall 2013-present

- Graduate course designed to facilitate clinical psychology doctoral students' integration of practicum experiences with academic curriculum.

*Instructor, Professional Standards II: Practicum Issues*

Palo Alto University, Pacific Graduate School of Psychology

Fall 2010, 2011, 2012, 2013

- Graduate course designed to help doctoral students develop individual practicum training goals and professional goals and to navigate next steps in clinical training. Focused on professional development regarding professional behavior, goal development, and professional application materials, such as creating *curriculum vitae* and cover letters.
- Developed course: prepared syllabus and coursework; presented course material; graded assignments; and facilitated class discussions and exercises.

*Instructor, Clinical Interviewing*

Palo Alto University, Pacific Graduate School of Psychology

Winter 2011

- Graduate course introducing basic clinical interviewing and diagnostic skills.
- Prepared coursework; presented course material; graded assignments; facilitated class discussions and exercises; and coordinated course development with other instructors and teaching assistants.

*Instructor, Psychological Perspectives on Asian American Identity*

The University of Texas at Austin, Department of Educational Psychology & Center of Asian American Studies

Spring 2004

- Interdisciplinary lower-division undergraduate course incorporating Asian American history and literature with theories of psychology in relation to multiple social identities, including racial, ethnic, gender, sexual, and class identities.
- Developed course: prepared syllabus, coursework, and reading materials; constructed and graded exams and assignments; presented course material; and facilitated class discussions and exercises.

*Instructor, Issues and Debates in Life Development*

The University of Texas at Austin, Department of Educational Psychology

Fall 2002, 2003

- Undergraduate level course designed for traditionally underrepresented first-year students to promote personal growth in the areas of development within the context of race, culture, gender, sexual orientation, and class.
- Developed course: prepared syllabus, coursework, and reading materials; constructed exams; presented course material; and facilitated class discussions and exercises.

**ACTIVITIES/COMMITTEES**

- Conference Committee – Northern California Training Directors. Program chair (2010).
- Directorate Member – ACPA (College Student Educators International), Commission for Counseling and Psychological Services, 2006-2009. Publicity Committee Chair (2007-2009).
- Newsletter Editor – American Psychological Association, Div. 17, Counseling Psychology – Section on Ethnic and Racial Diversity, 2005-2007.
- Ad Hoc Journal Reviewer – *Cultural Diversity and Ethnic Minority Psychology*, 2006-2007.
- University of Maryland Counseling Center, Training Committee, Fall 2004-Summer 2005.
- University of Texas at Austin, Academic Enrichment Services Mentor Program for Underrepresented Students, Mentor, Fall 2003-Spring 2004.
- University of Texas at Austin, Department of Educational Psychology, Graduate Studies Committee, Student Representative, 2001-2003.
- Organization of Chinese Americans, intern at National Office, Washington, DC, Summer 1997.

**HONORS AND AWARDS**

- Diversity Scholar for Association of Counseling Center Training Agencies (2010)
- California State University – East Bay, Student Affairs Employee Award (2008)

- American Psychological Association Student Travel Award (2003)
- Asian American Psychological Association Student Travel Award (2003)
- Outstanding Performance as Teaching Assistant, University of Texas, Department of Educational Psychology (2000-2001)
- Joseph and Katherine Henderson Fellowship, University of Texas (2000-2001)
- The University of Texas Pre-emptive Fellowship (1999-2000)
- Duke University Dean's List with Distinction (Fall 1994-Spring 1997, Spring 1998)
- Janet B. Chiang Memorial Grant, Duke University (1996)
- Mary Gibbs Jones Memorial Scholarship, The Houston Endowment Fund (1994-1998)

#### **PROFESSIONAL MEMBERSHIPS**

- Asian American Psychological Association (AAPA)
- American Psychological Association (APA), Div. 45

#### **LANGUAGES**

Mandarin Chinese – proficient in listening and speaking